

Cimaterol

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Cimaterol

[Cimaterol](#) is a stimulant, a fat burner, and similar to [Clenbuterol](#) in many ways& and different in some very important ones. Both [Clen](#) and [Cimaterol](#) are beta-adrenergic agonists, and thus are both anabolic as well as thermogenic (Reprod Nutr Dev. 1988; 28(1):61-84. Domest Anim Endocrinol. 1990 Oct;7(4):477-84) and also, stimulate your adrenal glands, increase your body temperature, raise your heart rate, etc& i.e. they mimic the "Fight or Flight" response quite well. [Cimaterol](#), however may stimulate the beta-1, 2, and 3 receptors while [Clen](#) only stimulates the beta 2 and 3 receptors. This may cause increased fat burning by [Cimaterol](#) when compared with [Clenbuterol](#). Also, a far greater portion of brown adipose tissue is burned with the use of Cim over [Clen](#), as far as I can tell.

[Cimaterol](#) stimulates both lypolysis (burning fat: the release of free fatty acids and glycerol) as well as inhibit lypogenesis (gaining fat: the incorporation of ¹⁴C into fatty acids from [¹⁴C]glucose) and may even do both more effectively than [Clen](#), possibly making it a more potent fat burner. In addition, it stimulates protein synthesis and thus could increase Fat Free Mass via this mechanism (Domest Anim Endocrinol. 1990 Oct;7(4):477-84) while at the same time burning fat. After a couple of weeks, however, the anabolic effects might lessen, as one study showed weight gain (with fat loss& ergo a PURE muscle gain concurrent with fat loss) halted after 14 days (J Anim Sci. 1992 Jan;70(1):115-22.). Energy metabolism has been shown to be greatly increased with Cim as well(Am J Physiol. 1988 Dec;255(6 Pt 2):R952-60). [Cimaterol](#) also stimulates blood flow and causes acute mobilization of nitrogen (alanine), significantly increases amino acid uptake in muscles, and mobilizes lactic acid out of muscles (J Anim Sci. 1998 Apr;76(4):988-98.). Thus, it may not have the athletic performance (endurance and possibly speed) decreasing effects of [Clen](#) (which I ´ve written about and referenced studies about previously, so I won ´t get into that here& .it ´s beyond the scope of this article). This is pure speculation on my part, and Cim may still have some of the performance decreasing effects of [Clen](#), but as other beta-andrenergic-agonists like [Ephedrine](#) don ´t, I see no reason to think Cim does (as I haven ´t read any studies which indicate this). In any case, alot of the studies I ´ve read and compared with those of [Clenbuterol](#) seem to indicate that [Cimaterol](#) is actually more potent for fat burning than [Clen](#) is.

Ok...so now you know what I have to say about [Cimaterol](#), let ´s see what some other people have said...

Here ´s Dan Duchaine (R.I.P.) had to say about [Cimaterol](#):

"Until some new synthetic beta-3 agonist is commercially available, the beta agonist of choice is still [Clenbuterol](#) (although the STRONGER [Cimaterol](#) is available as a research chemical in the U.S.)."

Doug Kalman (author of "Fat Attack") has written about [Cimaterol](#), and said:

"Though it ´s yet to be tested in humans, animal studies have determined that [Cimaterol](#) is a more powerful beta-agonist than [Clenbuterol](#), promotes protein retention and accretion, and has shown powerful anti-catabolic properties in cases of cancer or burns."

So yeah, not only is this stuff a great fat-burner, it ´s anti-catabolic.

Looks promising, huh? Unfortunately, it down regulates the beta receptors just as [Clen](#) does (J Anim Sci. 1992 Jan; 70(1):115-22.) so a 3 week on 1 week off type of schedule may be appropriate, as would the addition of [Ketotifen](#) after ever 3 weeks (and not going off the [Cimaterol](#)& so in 4 weeks on [Cimaterol](#), every 4th week you ´d be adding in 2-3 mgs of [Ketotifen](#) every night before you go to bed). You could also use 50mgs of Banadryl instead of the [Ketotifen](#), in the same manner.

As with any new drug, caution should be taken with this stuff.

A dose of 0.15 milligram per kilogram administered subcutaneously is the standard dose in a lot of human studies, so I ´d be comfortable trying that dose myself, but I ´d prefer a tablet (which is also available). That ´s a fraction of any sort of dangerous dose.

[Cimaterol](#), LD50:

1973 mg/kg (male)
and 1745 mg/kg (female)